

3. Interaction Quality Notes

Week 1:

Week 2:

Week 3:

Week 4:

4. Sensory Preferences & Triggers

Likes (Sensory & Play)	Dislikes/Triggers	Notes

5. Therapist/Caregiver Reflections

What worked well this week?

What needs improvement?

Next week's goal:

Reminder: Consistency, observation, and celebrating small wins are key to meaningful progress.

Website: www.autismparentingblog.com