

Standing in Your Authority as a Mom

Fervent Prayer Guide for Autism Recovery

■ 1. UNDERSTAND YOUR AUTHORITY AS A MOTHER

You are not "just a mom." You are:

- A gatekeeper of your child's destiny (Proverbs 22:6)
- Anointed by God to nurture, protect, and intercede (Isaiah 54:13)
- Empowered to decree and declare change in your child's life (Job 22:28)

Key Scripture: "All your children will be taught by the Lord, and great will be their peace." – Isaiah 54:13

Pray This Declaration:

"I take my place as the mother of [your son's name]. I stand as a watchwoman over his soul, his body, and his mind."

■ 2. CREATE A DAILY FERVENT PRAYER ROUTINE

Fervent prayer means heart-filled, intentional, and persistent. Combine spiritual power with practical routine.

Suggested Daily Structure:

- Morning (5–15 mins): Speak life over your son
- Noon (2–5 mins): Whisper a scripture or declaration
- Night (10 mins): Warfare prayer + Thanksgiving

†■ 3. USE THE WORD OF GOD BOLDLY

Pray scripture-based prayers. The Word is your sword (Ephesians 6:17).

Examples:

- Mind Restoration: "God has not given [his name] a spirit of fear, but of power, love, and a sound mind." – 2 Timothy 1:7
- Healing: "By His stripes, [his name] is healed." – Isaiah 53:5
- Speech and Communication: "The mouth of the dumb shall sing." – Isaiah 35:6

■ 4. DECREE AND DECLARE WITH BOLDNESS

You must speak what you want to see, not just what you see.

Example Declarations:

"My son will speak clearly. His mind is being renewed daily. He will connect, communicate, and live a full life. He is not afraid."
"I refuse fear. I walk in faith. I am not helpless; I am equipped. God is healing my child—day by day!"

■ 5. FAST & PRAY FOR BREAKTHROUGHS

If you're led, fasting can multiply the spiritual power behind your prayers (Isaiah 58).

Example:

- Choose 1 day/week to fast (e.g., 6am–3pm)
- Focus prayers on healing and deliverance from any spiritual root of autism
- Anoint your child with oil and speak healing scriptures aloud

■ 6. INVITE THE HOLY SPIRIT DAILY

You're not praying alone. The Holy Spirit is your helper (Romans 8:26).

Pray:

"Holy Spirit, intercede for me and guide me. Teach me what to pray, when to act, and how to stand strong."